



WASHINGTON CAPITALS PRESS RELEASE

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FOR IMMEDIATE RELEASE – September 12, 2018

Capitals Announce Training Camp Schedule and Roster

On-ice practices are open to the public and free of charge

ARLINGTON, Va. – The 2018 Stanley Cup Champion Washington Capitals will begin their 2018-19 Training Camp at MedStar Capitals Iceplex on Friday, Sept. 14, senior vice president and general manager Brian MacLellan announced today.

Training camp will last 19 days with the NHL regular season beginning on Wednesday, Oct. 3. This marks the Capitals' 12th training camp at MedStar Capitals Iceplex, the Metro-accessible, inside-the-Beltway practice facility that features two NHL-sized rinks. All on-ice sessions will be open to the public and free of charge.

The training camp roster will be broken up into three squads (Teams Red, White and Blue) and their schedules will vary. Players will be available to the media at the conclusion of their on-and off-ice sessions (approximate times are listed below). Those media members seeking specific players should check with the Capitals media relations department in advance for the best time to gain access to individuals as it will likely change daily. Head coach Todd Reirden will be made available to the media following the final on-ice session of each day. All Capitals practice sessions are open to approved members of the media.

The Capitals complete training camp roster and schedule through the first week is listed below. The roster must be trimmed to 23 players by Tuesday, Oct. 2. Unlike other professional sports, there is no mandatory schedule for making roster cuts.

Similar to previous years, MedStar Capitals Iceplex will be closed to the media on Thursday, Sept. 13 - the day Capitals veterans conduct physicals and off-ice testing. The Capitals will hold Media Day on Sept. 14. All Capitals players, coaches and management will be available to the media. There are three practice sessions scheduled that day (Group White at 9:30 a.m., Group Red at 11:10 a.m. and Group Blue at 12:40 p.m.). Players will be available to the media at the conclusion of their on-and off-ice sessions.

Please contact Tommy Chalk in the Capitals PR department to confirm your Media Day attendance by 2 p.m. on Thursday, Sept. 13 (tchalk@washcaps.com).

Friday, Sept. 14

Capitals Media Day

Practice:

9:30 a.m. Group White
11:10 a.m. Group Red
12:50 p.m. Group Blue
Nicklas Backstrom
TJ Oshie
Braden Holtby
Alex Ovechkin
Evgeny Kuznetsov
Tom Wilson
Head coach Todd Reirden
General manager Brian MacLellan

Media availability:

12:15 p.m.
1:45 p.m.
3:30 p.m.
Group White
Group White
Group White
Group Blue
Group Blue
Group Blue
4:10 p.m.
4:30 p.m.

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2018 Washington Capitals Training Camp Roster

FORWARDS (35)

#	Player	Ht.	Wt.	Shoots	Born	Birthplace	2017-18 Club	League(s)
19	BACKSTROM, Nicklas	6'1"	210	Left	11/23/87	Gavle, Sweden	CAPITALS	NHL
24	BARBER, Riley	6'0"	194	Right	2/7/94	Pittsburgh, Pennsylvania	Hershey	AHL
50	BAU, Mathias	6'7"	238	Left	7/3/93	Glostrup, Denmark	Hershey	AHL
68	BESSE, Grant	5'10"	174	Left	7/14/94	Plymouth, Minnesota	Cleveland	AHL
72	BOYD, Travis	5'10"	185	Right	9/14/93	Edina, Minnesota	CAPITALS	NHL
65	BURAKOVSKY, Andre	6'3"	201	Left	2/9/95	Klagenfurt, Austria	CAPITALS	NHL
71	CLARK, Kody	6'2"	174	Right	10/13/99	King City, Ontario	Ottawa	OHL
10	CONNOLLY, Brett	6'3"	195	Right	5/2/92	Prince George, B.C.	CAPITALS	NHL
26	DOWD, Nic	6'2"	196	Right	5/27/90	Huntsville, Alabama	Vancouver	NHL
20	ELLER, Lars	6'2"	207	Left	5/8/89	Rodovre, Denmark	CAPITALS	NHL
58	FLORCHUK, Eric	6'2"	174	Left	1/10/00	Fort Saskatchewan, AB	Victoria/Saskatoon	WHL
63	GERSICH, Shane	5'11"	174	Left	7/10/96	Chaska, MN	CAPITALS	NHL
76	GUSTAFSSON, Hampus	6'4"	205	Left	10/26/93	Ljungby, Sweden	Hershey	AHL
61	IKONEN, Juuso	5'8"	172	Right	1/3/95	Espoo, Finland	Brynäs IF	SHL
45	JONSSON-FJALLBY, Axel	6'2"	191	Left	2/10/98	Stockholm, Sweden	Djurgårdens IF	SHL
49	KAMMERER, Maximilian	6'1"	173	Left	9/28/96	Düsseldorf, Germany	Düsseldorfer EG	Germany
92	KUZNETSOV, Evgeny	6'2"	204	Left	5/19/92	Chelyabinsk, Russia	CAPITALS	NHL
47	MALENSTYIN, Beck	6'1"	190	Left	2/4/98	Delta, British Columbia	Swift Current	WHL
51	MARTHINSEN, Kristian	6'0"	189	Left	8/28/99	Lørenskog, Norway	Almtuna	SHL (JR)
15	MEGNA, Jayson	6'1"	194	Right	9/2/91	Fort Lauderdale, Florida	Utica	AHL
54	MITCHELL, Mason	6'2"	209	Left	6/13/94	Edmonton, Alberta	Hershey	AHL
87	O'BRIEN, Liam	6'1"	205	Left	7/29/94	Halifax, Nova Scotia	CAPITALS/Hershey	NHL/AHL
77	OSHIE, T.J.	6'0"	195	Right	12/23/86	Everett, Washington	CAPITALS	NHL
8	OVECHKIN, Alex	6'3"	235	Right	9/17/85	Moscow, Russia	CAPITALS	NHL
40	PILON, Garrett	5'10"	175	Right	4/13/98	Mineola, New York	Kamloops/Everett	WHL
64	PINHO, Brian	6'1"	195	Right	5/1/95	North Andover, Massachusetts	Providence College	NCAA
14	SGARBOSSA, Michael	6'0"	185	Left	7/25/92	Campbellville, Ontario	Manitoba	AHL
17	SHUMAKOV, Sergei	6'0"	196	Right	9/4/92	Chelyabinsk, Russia	CSKA Moskva	KHL
93	SIMPSON, Mark	6'5"	192	Left	4/24/95	Rothsay, New Brunswick	Univ. of New Brunswick	USports
25	SMITH-PELLY, Devante	6'0"	215	Right	6/14/92	Scarborough, Ontario	CAPITALS	NHL
18	STEPHENSON, Chandler	6'0"	203	Left	4/22/94	Saskatoon, Saskatchewan	CAPITALS	NHL
67	SUTTER, Riley	6'3"	202	Right	10/25/99	Calgary, Alberta	Everett	WHL
13	VRANA, Jakub	6'0"	197	Left	2/28/96	Prague, Czech Republic	CAPITALS	NHL
79	WALKER, Nathan	5'9"	186	Left	4/7/94	Cardiff, Wales	Hershey/CAPITALS	AHL/NHL
43	WILSON, Tom	6'4"	217	Right	3/29/94	Toronto, Ontario	CAPITALS	NHL

DEFENSEMEN (18)

27	ALEXEYEV, Alexander	6'4"	197	Left	11/15/99	St. Petersburg, Russia	Red Deer	WHL
84	BINDULIS, Kristofers	6'3"	181	Left	9/17/95	Riga, Latvia	Hershey	AHL
22	BOWEY, Madison	6'2"	209	Right	4/22/95	Winnipeg, Manitoba	CAPITALS	NHL
74	CARLSON, John	6'3"	218	Right	1/10/90	Natick, Massachusetts	CAPITALS	NHL
29	DJOOS, Christian	6'0"	180	Left	8/6/94	Gothenburg, Sweden	CAPITALS	NHL
42	FEHERVARY, Martin	6'2"	188	Left	10/6/99	Bratislava, Slovakia	IK Oskarshamn	SHL
46	GEISSER, Tobias	6'5"	206	Left	2/13/99	Stans, Switzerland	EV Zug	SWISS
36	HOBBS, Connor	6'1"	187	Right	1/4/97	Regina, Saskatchewan	Hershey	AHL
21	JOHANSEN, Lucas	6'1"	175	Left	11/16/97	Vancouver, British Columbia	Hershey	AHL
53	KANNOK-LEIPERT, Alex	6'0"	197	Right	7/20/00	Regina, Saskatchewan	Vancouver	WHL
6	KEMPNY, Michal	6'0"	194	Left	9/8/90	Hodonin, Czech Republic	CAPITALS	NHL
78	LEWINGTON, Tyler	6'1"	189	Right	12/5/94	Edmonton, Alberta	Hershey	AHL
55	NESS, Aaron	5'10"	187	Left	5/18/90	Roseau, Minnesota	CAPITALS/Hershey	NHL/AHL
2	NISKANEN, Matt	6'0"	203	Right	12/6/86	Virginia, Minnesota	CAPITALS	NHL
9	ORLOV, Dmitry	6'0"	212	Left	6/23/91	Novokuznetsk, Russia	CAPITALS	NHL
44	ORPIK, Brooks	6'2"	217	Left	9/26/80	San Francisco, California	CAPITALS	NHL
34	SIEGENTHALER, Jonas	6'3"	230	Left	5/6/97	Zurich, Switzerland	Hershey	AHL
38	WILLIAMS, Colby	6'0"	200	Right	1/26/95	Regina, Saskatchewan	Hershey	AHL

GOALTENDERS (7)

1	COPLEY, Pheonix	6'4"	196	Left	1/18/92	North Pole, Alaska	Hershey	AHL
70	HOLTBY, Braden	6'2"	211	Left	9/16/89	Lloydminster, Saskatchewan	CAPITALS	NHL
33	MILNER, Parker	6'1"	183	Left	9/6/90	Pittsburgh, Pennsylvania	Hershey/South Carolina	AHL/ECHL
80	MORRISON, Adam	6'3"	170	Left	2/9/91	Surrey, British Columbia	Wheeling	ECHL
30	SAMSONOV, Ilya	6'2"	205	Left	2/22/97	Magnitogorsk, Russia	Magnitogorsk	KHL
35	THOMPSON, Logan	6'4"	171	Right	2/25/97	Calgary, Alberta	Brandon	WHL
41	VANECEK, Vitek	6'1"	190	Left	1/9/96	Havlickuv Brod, Czech Republic	Hershey	AHL

Rosters as of Sept.13, 2018

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2018 Washington Capitals Training Camp Roster by Group

Group White

#	Player (Position)	Ht.	Wt.	Shoots	Born	Birthplace	2017-18 Club	League(s)
6	KEMPNY, Michal (D)	6'0"	194	Left	9/8/90	Hodonin, Czech Republic	CAPITALS	NHL
13	VRANA, Jakub (F)	6'0"	197	Left	2/28/96	Prague, Czech Republic	CAPITALS	NHL
15	MEGNA, Jayson (F)	6'1"	194	Right	9/2/91	Fort Lauderdale, Florida	Utica	AHL
18	STEPHENSON, Chandler (F)	6'0"	203	Left	4/22/94	Saskatoon, Saskatchewan	CAPITALS	NHL
19	BACKSTROM, Nicklas (F)	6'1"	210	Left	11/23/87	Gavle, Sweden	CAPITALS	NHL
22	BOWEY, Madison (D)	6'2"	209	Right	4/22/95	Winnipeg, Manitoba	CAPITALS	NHL
27	ALEXEYEV, Alexander (D)	6'4"	197	Left	11/15/99	St. Petersburg, Russia	Red Deer	WHL
34	SIEGENTHALER, Jonas (D)	6'3"	230	Left	5/6/97	Zurich, Switzerland	Hershey	AHL
41	VANECEK, Vitek (G)	6'1"	190	Left	1/9/96	Havlickuv Brod, Czech Republic	Hershey	AHL
42	FEHERVARY, Martin (D)	6'2"	188	Left	10/6/99	Bratislava, Slovakia	IK Oskarshamn	SHL
50	BAU, Mathias (F)	6'7"	238	Left	7/3/93	Glostrup, Denmark	Hershey	AHL
64	PINHO, Brian (F)	6'1"	195	Right	5/1/95	North Andover, Massachusetts	Providence College	NCAA
67	SUTTER, Riley (F)	6'3"	202	Right	10/25/99	Calgary, Alberta	Everett	WHL
68	BESSE, Grant (F)	5'10"	174	Left	7/14/94	Plymouth, Minnesota	Cleveland	AHL
70	HOLTBY, Braden (G)	6'2"	211	Left	9/16/89	Lloydminster, Saskatchewan	CAPITALS	NHL
71	CLARK, Kody (F)	6'2"	174	Right	10/13/99	King City, Ontario	Ottawa	OHL
74	CARLSON, John (D)	6'3"	218	Right	1/10/90	Natick, Massachusetts	CAPITALS	NHL
77	OSHIE, T.J. (F)	6'0"	195	Right	12/23/86	Everett, Washington	CAPITALS	NHL
79	WALKER, Nathan (F)	5'9"	186	Left	4/7/94	Cardiff, Wales	Hershey/CAPITALS	AHL/NHL
87	O'BRIEN, Liam (F)	6'1"	205	Left	7/29/94	Halifax, Nova Scotia	CAPITALS/Hershey	NHL/AHL

Group Red

#	Player (Position)	Ht.	Wt.	Shoots	Born	Birthplace	2017-18 Club	League(s)
1	COPLEY, Pheonix (G)	6'4"	196	Left	1/18/92	North Pole, Alaska	Hershey	AHL
10	CONNOLLY, Brett (F)	6'3"	195	Right	5/2/92	Prince George, B.C.	CAPITALS	NHL
14	SGARBOSSA, Michael (F)	6'0"	185	Left	7/25/92	Campbellville, Ontario	Manitoba	AHL
20	ELLER, Lars (F)	6'2"	207	Left	5/8/89	Rodovre, Denmark	CAPITALS	NHL
21	JOHANSEN, Lucas (D)	6'1"	175	Left	11/16/97	Vancouver, British Columbia	Hershey	AHL
24	BARBER, Riley (F)	6'0"	194	Right	2/7/94	Pittsburgh, Pennsylvania	Hershey	AHL
25	SMITH-PELLY, Devante (F)	6'0"	215	Right	6/14/92	Scarborough, Ontario	CAPITALS	NHL
29	DJOOS, Christian (D)	6'0"	180	Left	8/6/94	Gothenburg, Sweden	CAPITALS	NHL
30	SAMSONOV, Ilya (G)	6'2"	205	Left	2/22/97	Magnitogorsk, Russia	Magnitogorsk	KHL
38	WILLIAMS, Colby (D)	6'0"	200	Right	1/26/95	Regina, Saskatchewan	Hershey	AHL
44	ORPIK, Brooks (D)	6'2"	217	Left	9/26/80	San Francisco, California	CAPITALS	NHL
45	JONSSON-FJALLBY, Axel (F)	6'2"	191	Left	2/10/98	Stockholm, Sweden	Djurgårdens IF	SHL
46	GEISSER, Tobias (D)	6'5"	206	Left	2/13/99	Stans, Switzerland	EV Zug	SWISS
47	MALENSTYN, Beck (F)	6'1"	190	Left	2/4/98	Delta, British Columbia	Swift Current	WHL
51	MARTHINSEN, Kristian (F)	6'0"	189	Left	8/28/99	Lørenskog, Norway	Almtuna	SHL (JR)
54	MITCHELL, Mason (F)	6'2"	209	Left	6/13/94	Edmonton, Alberta	Hershey	AHL
65	BURAKOVSKY, Andre (F)	6'3"	201	Left	2/9/95	Klagenfurt, Austria	CAPITALS	NHL
76	GUSTAFSSON, Hampus (F)	6'4"	205	Left	10/26/93	Ljungby, Sweden	Hershey	AHL
78	LEWINGTON, Tyler (D)	6'1"	189	Right	12/5/94	Edmonton, Alberta	Hershey	AHL

Group Blue

#	Player	Ht.	Wt.	Shoots	Born	Birthplace	2017-18 Club	League(s)
2	NISKANEN, Matt	6'0"	203	Right	12/6/86	Virginia, Minnesota	CAPITALS	NHL
8	OVECHKIN, Alex	6'3"	235	Right	9/17/85	Moscow, Russia	CAPITALS	NHL
9	ORLOV, Dmitry	6'0"	212	Left	6/23/91	Novokuznetsk, Russia	CAPITALS	NHL
17	SHUMAKOV, Sergei	6'0"	196	Right	9/4/92	Chelyabinsk, Russia	CSKA Moskva	KHL
26	DOWD, Nic	6'2"	196	Right	5/27/90	Huntsville, Alabama	Vancouver	NHL
33	MILNER, Parker	6'1"	183	Left	9/6/90	Pittsburgh, Pennsylvania	Hershey/South Carolina	AHL/ECHL
35	THOMPSON, Logan	6'4"	171	Right	2/25/97	Calgary, Alberta	Brandon	WHL
36	HOBBS, Connor	6'1"	187	Right	1/4/97	Regina, Saskatchewan	Hershey	AHL
40	PILON, Garrett	5'10"	175	Right	4/13/98	Mineola, New York	Kamloops/Everett	WHL
43	WILSON, Tom	6'4"	217	Right	3/29/94	Toronto, Ontario	CAPITALS	NHL
49	KAMMERER, Maximilian	6'1"	173	Left	9/28/96	Düsseldorf, Germany	Düsseldorfer EG	Germany
53	KANNOK-LEIPERT, Alex	6'0"	197	Right	7/20/00	Regina, Saskatchewan	Vancouver	WHL
55	NESS, Aaron	5'10"	187	Left	5/18/90	Roseau, Minnesota	CAPITALS/Hershey	NHL/AHL
58	FLORCHUK, Eric	6'2"	174	Left	1/10/00	Fort Saskatchewan, AB	Victoria/Saskatoon	WHL
61	IKONEN, Juuso	5'8"	172	Right	1/3/95	Espoo, Finland	Brynäs IF	SHL
63	GERSICH, Shane	5'11"	174	Left	7/10/96	Chaska, MN	CAPITALS	NHL
72	BOYD, Travis	5'10"	185	Right	9/14/93	Edina, Minnesota	CAPITALS	NHL
80	MORRISON, Adam	6'3"	170	Left	2/9/91	Surrey, British Columbia	Wheeling	ECHL
84	BINDULIS, Kristofers	6'3"	181	Left	9/17/95	Riga, Latvia	Hershey	AHL
92	KUZNETSOV, Evgeny	6'2"	204	Left	5/19/92	Chelyabinsk, Russia	CAPITALS	NHL
93	SIMPSON, Mark	6'5"	192	Left	4/24/95	Rothsay, New Brunswick	Univ. of New Brunswick	USports

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Washington Capitals Training Camp Schedule

Thursday, Sept. 13	NHL players physicals/testing – <u>No Media Availability</u>	
Friday, Sept. 14	Capitals Media Day, Medstar Capitals Iceplex	
	9:30 a.m. – 10 a.m.	Group White skate test (Capitals Rink)
	10:05 a.m. – 10:45 a.m.	Group White practice (Arlington Rink)
	11 a.m. – 11:30 a.m.	Group White off-ice training
	11:35 a.m. – 12:05 p.m.	Group White video meeting
	12 p.m.	Group White media availability
	11:10 a.m. – 11:30 a.m.	Group Red skate test (Capitals Rink)
	11:45 a.m. – 12:25 p.m.	Group Red practice (Arlington Rink)
	12:40 p.m. – 1:10 p.m.	Group Red off-ice training
	1:15 p.m. – 1:45 p.m.	Group Red video meeting
	1:45 p.m.	Group Red media availability
	12:50 p.m. – 1:10 p.m.	Group Blue skate test (Capitals Rink)
	1:25 p.m. – 2:05 p.m.	Group Blue practice (Arlington Rink)
	2:20 p.m. – 2:50 p.m.	Group Blue off-ice training
	2:55 p.m. – 3:25 p.m.	Group Blue video meeting
	3:30 p.m.	Group Blue media availability
Saturday, Sept. 15	9:30 a.m. – 10:15 a.m.	Group Blue practice (Arlington Rink)
	10:15 a.m. – 11 a.m.	Group Blue practice (Capitals Rink)
	11:15 a.m. – 12 p.m.	Group Blue off-ice training
	12:10 p.m. – 12:30 p.m.	Group Blue video meeting
	12:45 p.m.	Group Blue media availability
	11 a.m. – 11:45 a.m.	Group White practice (Arlington Rink)
	11:45 a.m. – 12:30 p.m.	Group White practice (Capitals Rink)
	12:45 p.m. – 1:30 p.m.	Group White off-ice training
	1:40 p.m. – 2 p.m.	Group White video meeting
	2:15 p.m.	Group White media availability
	12:30 p.m. – 1:15 p.m.	Group Red practice (Arlington Rink)
	1:15 p.m. – 2 p.m.	Group Red practice (Capitals Rink)
	2:15 p.m. – 3 p.m.	Group Red off-ice training
	3:10 p.m. – 3:30 p.m.	Group Red video meeting
	3:45 p.m.	Group Red media availability
Sunday, Sept. 16	1 p.m.	Washington at Boston (TD Garden)
	9 a.m. – 9:30 a.m.	Group Red practice (Arlington Rink)
	9 a.m. – 9:30 a.m.	Group Blue practice (Capitals Rink)
	9:45 a.m. – 10:15 a.m.	Group Red and Blue scrimmage (Arlington Rink)
	10:15 a.m. – 10:45 a.m.	Group Red and Blue scrimmage (Capitals Rink)
	11 a.m. – 11:30 a.m.	Group Red and Blue off-ice training
	11:45 a.m.	Group Red and Blue media availability

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Monday, Sept. 17	9:30 a.m. – 10:15 a.m.	Group Blue practice (Arlington Rink)
	10:15 a.m. – 11 a.m.	Group Blue practice (Capitals Rink)
	11 a.m. – 11:45 a.m.	Group Blue off-ice training
	11:50 p.m. – 12:10 p.m.	Group Blue video meeting
	12:25 p.m.	Group Blue media availability
	11:30 a.m. – 12:15 p.m.	Group White practice (Arlington Rink)
	12:15 p.m. – 12:45 p.m.	Group White practice (Capitals Rink)
	1 p.m. – 1:45 p.m.	Group White off-ice training
	1:50 p.m. – 2:10 p.m.	Group White video meeting
2:25 p.m.	Group White media availability	
Tuesday, Sept. 18	12:50 p.m. – 1:30 p.m.	Group Red practice (Arlington Rink)
	1:30 p.m. – 2:15 p.m.	Group Red practice (Capitals Rink)
	2:30 p.m. – 3:15 p.m.	Group Red off-ice training
	3:20 p.m. – 3:40 p.m.	Group Red video meeting
	3:55 p.m.	Group Red media availability
	10:15 a.m. – 11 a.m. 7 p.m.	Morning skate (Capitals Rink) Washington vs. Boston (Capital One Arena)
Tuesday, Sept. 18	11:30 a.m. – 12 p.m.	Group Red and Blue scrimmage (Capitals Rink)
	12:20 p.m. – 1:15 p.m.	Group Red and Blue scrimmage (Capitals Rink)
	1:30 p.m. – 2 p.m.	Group Blue off-ice training
	2 p.m. – 2:30 p.m.	Group Red off-ice training
	2:30 p.m.	Group Blue and Red media availability
Wednesday, Sept. 19	DAY OFF	

Groups will re-adjust following Sept. 19. An updated roster and groupings will be provided to media